



1 CORINTHIANS 9:24-27

RUNNING THE RACE

ENDURANCE

TEAMWORK

PRIZE

RUNNING A RACE

Psalms 18

Lap 1: You're most
eager to start

Lap 2: You're settling
into your pace

Lap 3: You're at
your slowest point

Lap 4: You pickup pace,
you can see the finish

New Christians/Young Kids

Young Adults

Lactic Acid Build Up

Two Choices: Give Up or
Finish

PSALMS 18:29

FOR BY YOU I CAN RUN AGAINST A
TROOP,
AND BY MY GOD I CAN LEAP
OVER A WALL.

1 CORINTHIANS 9:24-27

24 DO YOU NOT KNOW THAT IN A RACE ALL THE RUNNERS RUN, BUT ONLY ONE RECEIVES THE PRIZE? SO RUN THAT YOU MAY OBTAIN IT. 25 EVERY ATHLETE EXERCISES SELF-CONTROL IN ALL THINGS. THEY DO IT TO RECEIVE A PERISHABLE WREATH, BUT WE AN IMPERISHABLE. 26 SO I DO NOT RUN AIMLESSLY; I DO NOT BOX AS ONE BEATING THE AIR. 27 BUT I DISCIPLINE MY BODY AND KEEP IT UNDER CONTROL, [A] LEST AFTER PREACHING TO OTHERS I MYSELF SHOULD BE DISQUALIFIED.

TRAINING

- To gain endurance you must train
- Studying God's Word is training your mind: 2 Timothy 3:16, Joshua 1:8-9
- You must have endurance to receive the crown of life: James 1:2, Hebrews 10:36

ROMANS 5:3-5

3 NOT ONLY THAT, BUT WE REJOICE IN
OUR SUFFERINGS, KNOWING THAT
SUFFERING PRODUCES ENDURANCE,
4 AND ENDURANCE PRODUCES
CHARACTER, AND CHARACTER
PRODUCES HOPE, 5 AND HOPE DOES
NOT PUT US TO SHAME, BECAUSE
GOD'S LOVE HAS BEEN Poured INTO
OUR HEARTS THROUGH THE HOLY SPIRIT
WHO HAS BEEN GIVEN TO US.

JAMES 1:2-4

2 COUNT IT ALL JOY, MY
BROTHERS, WHEN YOU MEET
TRIALS OF VARIOUS KINDS, 3 FOR
YOU KNOW THAT THE TESTING OF
YOUR FAITH PRODUCES
STEADFASTNESS. 4 AND LET
STEADFASTNESS HAVE ITS FULL
EFFECT, THAT YOU MAY BE
PERFECT AND COMPLETE,
LACKING IN NOTHING.

TEAMWORK

- Teamwork is a big part of racing
- You run long distances faster with a group or a partner
- You must give encouragement to receive encouragement

HEBREW 10:24-25

24 AND LET US CONSIDER HOW TO STIR UP ONE ANOTHER TO LOVE AND GOOD WORKS, 25 NOT NEGLECTING TO MEET TOGETHER, AS IS THE HABIT OF SOME, BUT ENCOURAGING ONE ANOTHER, AND ALL THE MORE AS YOU SEE THE DAY DRAWING NEAR.

1 THESSALONIANS 4:13-18

13 BUT WE DO NOT WANT YOU TO BE UNINFORMED, BROTHERS, ABOUT THOSE WHO ARE ASLEEP, THAT YOU MAY NOT GRIEVE AS OTHERS DO WHO HAVE NO HOPE. 14 FOR SINCE WE BELIEVE THAT JESUS DIED AND ROSE AGAIN, EVEN SO, THROUGH JESUS, GOD WILL BRING WITH HIM THOSE WHO HAVE FALLEN ASLEEP. 15 FOR THIS WE DECLARE TO YOU BY A WORD FROM THE LORD, [A] THAT WE WHO ARE ALIVE, WHO ARE LEFT UNTIL THE COMING OF THE LORD, WILL NOT PRECEDE THOSE WHO HAVE FALLEN ASLEEP. 16 FOR THE LORD HIMSELF WILL DESCEND FROM HEAVEN WITH A CRY OF COMMAND, WITH THE VOICE OF AN ARCHANGEL, AND WITH THE SOUND OF THE TRUMPET OF GOD. AND THE DEAD IN CHRIST WILL RISE FIRST. 17 THEN WE WHO ARE ALIVE, WHO ARE LEFT, WILL BE CAUGHT UP TOGETHER WITH THEM IN THE CLOUDS TO MEET THE LORD IN THE AIR, AND SO WE WILL ALWAYS BE WITH THE LORD. 18 THEREFORE ENCOURAGE ONE ANOTHER WITH THESE WORDS.

1 THESSALONIANS 5:11

THEREFORE ENCOURAGE ONE
ANOTHER AND BUILD ONE
ANOTHER UP, JUST AS YOU ARE
DOING.

ARE YOU RUNNING FOR
THE PRIZE?