

Into the Garden

Matt 26:36-56



“Then Jesus came with them
to a place called Gethsemane...”

Faith Trust Peace

Stress Levels Increasing

“Americans have been profoundly affected by the pandemic resulting in real consequences on our minds and bodies”

“...we are facing a national mental health crisis that could yield serious health and social consequences for years to come...”

“... behind the devastating loss of life is immense stress and trauma for friends and families and for all Americans who’s lives have been thrown into chaos in countless ways including job loss, financial distress, and uncertain futures for themselves and their nation.



Nothing New Under The Sun

Adam & Eve

- (Gen 2:15-17) – the choice and consequences were made clear
- (Gen 3:13-24) – choices were made and consequences followed

Others

- (Gen 4:8) – Cain envies and murders his brother Abel
- (Gen 6:6) – depth of sin prior to the flood (God regrets)
- (Gen 37:18-36) – Joseph sold by his own brothers into slavery
- Extensive famines and droughts
- Constant wars among kingdoms
- Horrible & good kings/leaders
- Repeated slavery and persecutions
- Idol worship
- Death & disease
- Murder & immorality



God Warns and Provides the Answer

(Jer 10:23) - *“O Lord, I know the way of man is not in himself; It is not in man who walks to direct him own steps..”*

(Prov 14:12) - *“There is a way that seems right to a man, but its end is the way of death...”*

(Prov 3:5-6) – *“Trust in the Lord with all your heart and lean not on your own understanding; In all your ways acknowledge Him, and He shall direct your paths”*

(2 Pet 1:3) – *“...given us all things that pertain to life and godliness...”*

(2 Tim 3:16) – *“profitable for doctrine, reproof, correction, and instruction..”*

(Psa 119:105) - *“they word is a lamp unto my feet and a light unto my path”*



God Provides His Only Son

(John 3:16) - *“For God so loved the world that He gave His only begotten Son, that whoever believes on Him should not perish but have everlasting life”*

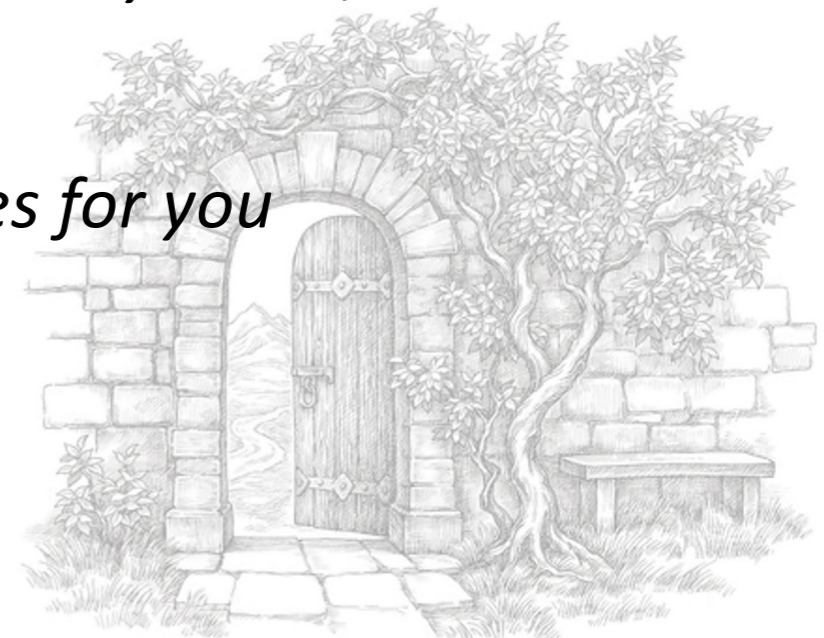
(Heb 4:14-16) – Provides Jesus as a great High Priest, providing mercy & grace

Eternally & Today

(Eph 1:7) – *“in Him we have redemption through His blood, the forgiveness of sins according to the riches of His grace...”*

(Matt 11:28) – *“come to me, all you who labor and are heavy laden, and I will give you rest”*

(1 Pet 5:7) – *“casting all your care upon Him, for He cares for you*



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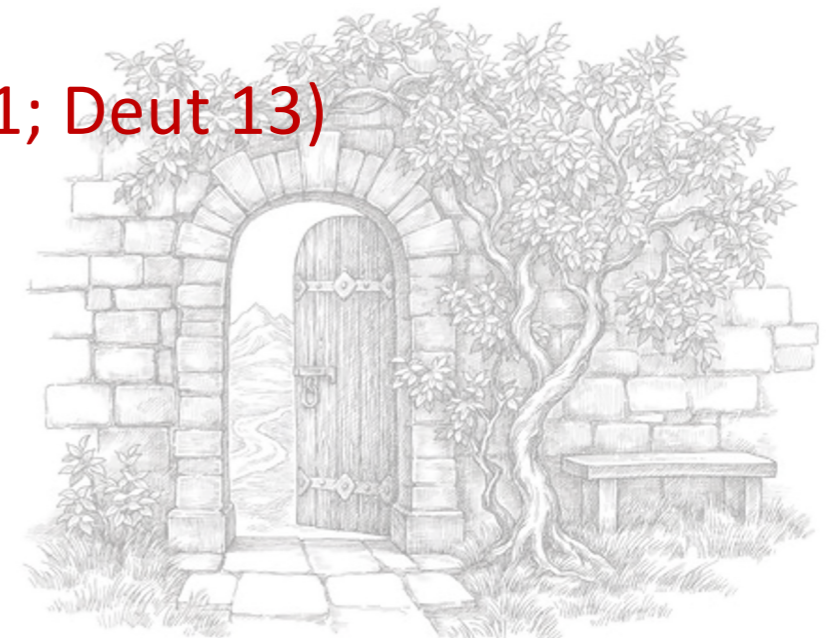
That which has been is what will be... (Eccl 1:9)

- World before the flood (Gen 6:5-7)
- Sodom & Gomorrah immorality/ homosexuality (Gen 18:20,32; 19:5)
- Solomon & Rehoboam's taxation (1 Kings 10:14-29; 12:4-15)
- Babylonian, Assyrian, and Egyptian captivities
- Herod / Pharoah's killing of babies (Matt 2:16; Ex 1:16,22)
- Ahab framing Naboth and seizing his land (1 Kings 21)
- Constant wars and invasions
- Jehoram killing all of his brothers (2 Chron 21:2)
- Sacrificing children to Molech (Lev 20; 2 Kings 21; Deut 12:3)
- Elijah (out-numbered) – 1 Kings 19:9
- We see racism between Jews & Samaritans
- We see class prejudices (tax collectors, poor/rich)
- Famine, droughts
- Death, disease, pandemics
- Political upheavals, corruption



Stress & Anxiety Today

- Financial turmoil (interest rates, high taxes, food prices, gas prices)
Solomon & Rehoboam's taxation (1 Kings 10:14-29; 12:4-15)
- Political turmoil (election processes, outcomes, corrupt leaders)
Jehoram kills all his brothers (2 Chron 21:4)
Naboth killed and Ahab takes his land (1 Kings 21)
- Social turmoil (homosexuality, genders, racism, immigration, rich/poor, etc.)
Sodom, Samaritans, Lazarus, etc.
- Abortion
Pharaoh kills infants (Ex 1:16,22)
Herod kills infants (Matt 2:16)
Sacrifice of children to idols (Lev 20; 2 Kings 21; Deut 13)
- Crime
Cain murders Abel (Gen 4)
Sin before the flood (Gen 6)
- Jobs, climate change, droughts, food shortages



- How do we often deal with these things....where do we go for help?
- What impact does this have on our:
 - families (spouse, children, others)
 - Brethren
 - Work (quality, co-workers, etc.)
 - Our own health and spiritual condition
- Does it show our faith and trust in God to deliver?
- Does it create a stronger faith:
 - Families
 - Brethren
 - Co-workers
 - Neighbors
 - ourselves



Comfort, Peace, and Strength in the Lord

- Trust in God (Prov 3:5-6; Ps 119:105)
- Pray (Phil 4:6; Col 4:2; 1 Thess 5:17; Rom 12:12; Matt 5:44; 1 Cor 7:5)
- Sing (Eph 5:19; Col 3:16; James 5:3)
- Meditate on good things (Phil 4:8; 1 Tim 4:5)
- Come to Jesus, take his yoke upon us, learn from Him (Matt 11:28-29)
- Set mind on things above (Matt 6:33; Col 3:1-2)
- Encourage others (1 Thess 4:18, 5:11; Heb 3:13; 10:24-25)
- Build up ourselves and the body of Christ (Jude 19-21; Eph 4:11-16)

Comfort, Peace, and Strength in the Lord

- Walk in the light (1 John 1:7-9)
- Create unity (Rom 14:19)
- Wait on the Lord (Ps 27:4)
- Be strong and courageous (Josh 1:9)
- Preach the word (1 Tim 4:2; Rom 1:16)
- Work in the kingdom (1 Cor 3:9)
- Pay to our govts what is due (Mark 12:17)
- Control our speech (Eph 4:29; James 1:26; 3:1-8)
- Forgive (Matt 6; Mark 11; Lk 17)

Who are you relying on?

“Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls.”

(Matt 11:28-29)

