

A black and white photograph of a person standing on a rocky shore, looking out at a massive, crashing wave. The wave is the central focus, with a large, white, foamy crest. The person is small in the foreground, emphasizing the scale of the wave. The sky is overcast and grey.

# When Faith & Feelings Collide

1 Corinthians 2:9-11



# **Faith Is A Solid Foundation**

1 Corinthians 2:9-11; Romans 10:17

## **Faith Will Produce Appropriate Feelings**

Acts 2; Acts 8; Acts 16

## **It's Not About Feeling - It's About Knowing**

Psalms 46:10; 2 Corinthians 5:7

A person in a dark jacket and hat stands on a rocky shore, looking out at the ocean under a cloudy sky. The person is positioned on the left side of the frame, looking towards the right.

# **Building On A Rock**

# See Your Emotions As A Servant

James 3; 1:19-20, 26; 1 Timothy 3; Titus 1

## Three Greek Words Describing “Control”

**“Sophron”**: Discreet, sober, temperate, self-control, sober-minded, sound-minded

**“Nepho”**: Watchful, awake, alert

**“Semnos”**: Seriousness, gravity, levelheadedness, or an evenly controlled emotional state



# Mastering Our Emotions



# **See Your Emotions As A Servant**

James 3; 1:19-20, 26; 1 Timothy 3; Titus 1

## **Imitate Christ**

Luke 22:15; Mark 14:32-34; Hebrews 4:15; 12:2

## **Ignore The Waves**

Matthew 14:22-33; Romans 5:1-4; Philippians 4:6-9

## **Meditate Upon The Word**

Psalms 119:105; Proverbs 3:5-8; 1 John 5:4

# **Mastering Our Emotions**





# **Consistency**

Hebrews 11:1

## **Shout Before The Walls Fall**

Joshua 6; James 2; Revelation 2:5

## **Allow God To Draw You Closer To Christ**

John 6:44-45; 1 John 2:3-6; 5:1-3



# **Measuring Our Spirituality**



**Are You Walking By  
Faith Or By Feelings?**

