



IF YOU CAN'T  
MAKE IT  
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- **2 Corinthians 1:3-5** Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. For as we share abundantly in Christ's sufferings, so through Christ we share abundantly in comfort too.
- **Ephesians 3:20** Now to Him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, to Him be the glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.
- **John 10:10** The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly.

# S T A T I S T I C S

**Ecclesiastes 10:7** "Light is sweet, and it is pleasant for the eyes to see the sun."

- **Suicide is the SECOND leading cause of death for ages 10-24.**
- **More teenagers and young adults die from suicide than from cancer, heart disease, AIDS, birth defects, stroke, pneumonia, influenza, and chronic lung disease, COMBINED.**
- **Each day in our nation, there are an average of over 5,240 attempts by young people grades 7-12.**
- **Four out of Five teens who attempt suicide have given clear warning signs.**
- **The World Health Organisation (WHO) estimates that each year approximately one million people die from suicide, which represents a global mortality rate of 16 people per 100,000 or one death every 40 seconds. It is predicted that by 2020 the rate of death will increase to one every 20 seconds.**
- **Although suicide rates have traditionally been highest amongst elderly males, rates among young people have been increasing to such an extent that they are now the group at highest risk in a third of all countries.**

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# LACKING LOVE

## A. FOR GOD

- EXODUS 20:13; JOB 1:21; GENESIS 9:5-6

## B. FOR YOUR NEIGHBOR

- ROMANS 13:8-10

## C. FOR YOURSELF

- EPHESIANS 5:28-30

## D. IT'S REBELLIOUS

- NUMBERS 15:30-31 with HEBREWS 9:6-7; 1 JOHN 1:8-9; 5:16-18

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# OBSERVATIONS

## A. PERSONAL STANDARDS

- JONAH 4:1-4

## B. GUILT BECAUSE OF SIN

- MATTHEW 27:3-5; 2 CORINTHIANS 7:10

## C. NO OTHER WAY OUT

- ACTS 16:27

## D. DISASTER

- JOB 7:13-16

## E. PERSECUTION

- JEREMIAH 20:14-18

## F. WEARINESS

- 1 KINGS 19:3-4

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MAKE IT THROUGH . . .

**A. THE STORM**

- MARK 4:35-41

**B. HOW CAN YOU SAY HE'S CAPTAIN**

- HEBREWS 6:13-20; 12:1-2

**C. OUR GOD IS A DELIVERER AND  
HEALER**

- DEUTERONOMY 32:39; 1 PETER  
5:6-11; 2:9-10



ARE YOU  
MAKING IT?



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