

Life Isn't A Marathon..
It's A Triathlon!



A surreal landscape where a running track extends into a field under a dramatic, cloudy sky. The track is dark with white lane markings and yellow numbers. The field is green and brown, with a few trees in the distance. The sky is filled with large, white and grey clouds, with a bright light source on the left side, creating a hazy, golden glow.

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TRIALS

STEADFAST

The Different Phases of Life

- **The Swim** – Matthew 13; Romans 3:23, 10:17, 10:9; Eph. 4:20-24; Acts 2:37-38; Romans 10:10; 1 Peter 3:18-22; Rev. 2:10

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- **1st Transition** – 1 Peter 5:6-11

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- **The Bike** – James 1:2-4, 12

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- **Crossing the Finish Line** – 1 Corinthians 9:24-27

Are you willing to run the
race?

