


**Path of**  
**LEAST**  
**Resistance**  
**= Proverbs 25:28 =**



**Proverbs 21:17** Whoever loves pleasure will be a poor man; he who loves wine and oil will not be rich.

**Proverbs 25:16** If you have found honey, eat only enough for you, lest you have your fill of it and vomit it.

**Proverbs 25:28** A man without self-control is like a city broken into and left without walls.



**S** **E** **L** **F**  
C  
o  
n  
t  
r  
o  
l



## What doesn't work

- Colossians 2:20-23 - just stop it!

## What does work

- Matthew 5:17-20 - righteousness!
- Matthew 5:27-30 - heart of the matter!

## Example

- Genesis 39:8-12 - remember God's goodness!
- Proverbs 5:15-19 - consider what you can do!
- Titus 2:11-14 - it's a process!



**H** o  
**O** v  
**W** e  
r  
c  
o  
m  
e  
t  
o

## There's no way around it

- Proverbs 6:20-22 - it's our friend, guide, counselor, and protector!

## Be consistent

- I John 3:4-9 - practice, practice, practice!
- I John 5:3-5 - how do you view His law?
- Psalm 55:22 - lean on Him. But, how?

## What we often neglect

- I Peter 4:7 The end of all things is at hand; therefore be self-controlled and sober-minded for the sake of your prayers.



**H** **O** **W**  
o  
v  
e  
r  
c  
o  
m  
e  
t  
o

READY  
ROAD