



FORSAKE YOU  
I WILL NEVER  
LEAVE YOU  
FORSAKE  
I WILL NEVER  
FORSAKE

Be Still  
my Soul



# Developing Peace Of Mind

Eliminate Suspicion & Resentment

Proverbs 27:4

Wrath is cruel and anger a torrent, but who is able to stand before jealousy?





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Eliminate Suspicion & Resentment

James 5:9

Do not grumble against one another, brethren, lest you be condemned. Behold, the Judge is standing at the door!





# Developing Peace Of Mind

## Eliminate Suspicion & Resentment

1 John 2:10-11

<sup>10</sup>He who loves his brother abides in the light, and there is no cause for stumbling in him. <sup>11</sup>But he who hates his brother is in darkness and walks in darkness, and does not know where he is going, because the darkness has blinded his eyes.





# Developing Peace Of Mind

Don't Live In The Past

Proverbs 28:13

He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy.





# Developing Peace Of Mind

## Don't Live In The Past

Philippians 3:13

Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead





# Developing Peace Of Mind

Don't Waste Time & Energy

Fighting Things You Can't Change

Ecclesiastes 9:10-12





# Developing Peace Of Mind

Stay Involved With The Living World

## Genesis 2:18

And the LORD God said, "It is not good that man should be alone; I will make him a helper comparable to him."





# Developing Peace Of Mind

Stay Involved With The Living World

Hebrews 3:13

but exhort one another daily, while it is called "Today," lest any of you be hardened through the deceitfulness of sin.





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Stay Involved With The Living World

## Hebrews 10:24-25

<sup>24</sup>And let us consider one another in order to stir up love and good works,  
<sup>25</sup>not forsaking the assembling of ourselves together, as is the manner of some, but exhorting one another, and so much the more as you see the Day approaching.





# Developing Peace Of Mind

## Don't Indulge Self-Pity

1 Peter 4:12

Beloved, do not think it strange concerning the fiery trial which is to try you, as though some strange thing happened to you





# Developing Peace Of Mind

## Don't Indulge Self-Pity

### Ecclesiastes 7:14

In the day of prosperity be joyful,  
but in the day of adversity  
consider: surely God has  
appointed the one as well as the  
other, so that man can find out  
nothing that will come after him.





# Developing Peace Of Mind

## Don't Indulge Self-Pity

1 Corinthians 10:13

No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.





# Developing Peace Of Mind

## Cultivate Fruits Of The Spirit

### Galatians 5:22-23

<sup>22</sup>But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness,

<sup>23</sup>gentleness, self-control.

Against such there is no law.





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Don't Expect Too Much Of Yourself

Matthew 16:26

For what profit is it to a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul?





# Developing Peace Of Mind

Have Something Bigger &  
Better Than Yourself To Believe In

Psalm 62:1-2, 5-8





# Developing Peace Of Mind

Have Something Bigger &  
Better Than Yourself To Believe In

Philippians 4:6-8





# Developing Peace Of Mind

Have Something Bigger &  
Better Than Yourself To Believe In

Job 34:29

When He gives quietness, who  
then can make trouble? And  
when He hides His face, who  
then can see Him, whether it is  
against a nation or a man alone?





# Developing Peace Of Mind

Have Something Bigger &  
Better Than Yourself To Believe In

John 14:27

Peace I leave with you, My peace  
I give to you; not as the world  
gives do I give to you. Let not  
your heart be troubled, neither  
let it be afraid.





# Developing Peace Of Mind

Have Something Bigger &  
Better Than Yourself To Believe In

John 16:33

These things I have spoken to  
you, that in Me you may have  
peace. In the world you will have  
tribulation; but be of good cheer,  
I have overcome the world.







Don't You  
Want Peace  
Of Mind?